


BANYAN TREE SPA CAFÉ PHUKET MENU

COLD SELECTION


WARM SELECTION

Ideal for Vata types

Whole Wheat Pasta with Roasted Vegetables  **280**
*Whole Wheat Pasta, Vegetables, Fresh Herbs,
Pumpkin Dressing*

Blanched High Fibre Salad  **210**
Vegetables, Beetroot, Cardamom Emulsion

Wok Fried Duck Breast with Rice Vermicelli **380**
*Duck Breast, Rice Vermicelli, Green Asparagus,
Tamarind Sauce*

Thai Basil Risotto with Strawberries & Roasted Squash  **380**
Risotto, Strawberries, Basil, Squash, Allspice Sauce

Ideal for Pitta types


Lotus Roots & Fresh Mint Wraps  **210**
Rice Paper, Lotus Roots, Fresh Mint, Mango & Coriander Sauce

White Chicken on Basmati Rice Cakes **270**
Chicken, Basmati Rice Cakes, Coconut & Turmeric Yoghurt Sauce

Grilled Prawns with Chick Pea Relish **380**
Prawns, Chick Peas, Parsley Horseradish Sauce

Wok Fried Tofu & Roasted Mushrooms in Zucchini Wraps  **290**
Tofu, Zucchini, Cumin Seeds, Mushrooms, Feta Cheese

Ideal for Kapha types

Assorted Fruit & Vegetable Salad  **280**
Green Apples, Celery, Raisins, Watercress, Almond Dressing

Asian Chicken & Mushroom Salad **280**
Chicken, Mushrooms, Fresh Pomegranate, Parsley Dressing

Roasted Eggplant with Ginger Brown Rice  **290**
Brown Rice, Ginger, Eggplant, Vegetable Julienne

Chicken en Brochette **320**
*Chicken, Capsicum, Soft Herbed Polenta,
Wild Mushroom Sauce*

 Vegetarian

SPA BLENDS

Tropical Refresher **220**
Banana, Watermelon, Plain Yoghurt, Honey

Detox **220**
Green Apple, Orange, Carrot, Ginger

Romantic Enhance **220**
Green Apple, Beetroot, Cauliflower, Celery

Calcium Boost **220**
Carrot, Green Apple