

BANYAN TREE SPA CAFÉ BANGKOK MENU


COLD SELECTION

WARM SELECTION

Ideal for Vata types

Roasted Lemongrass Chicken on Naan 250
Shredded Chicken, Lemongrass, Shallot, Naan Bread

Marinated Tuna with Grilled Vegetables 270
Tuna, Vegetables, Semi-dried Tomato, Citrus Salsa

Fresh Vegetable Spring Rolls  220
Carrot, Cucumber, Mango, Sweet & Sour Sauce

Pan-seared Marinated Duck Breast 270
Duck Breast, Allspice, Potato, Vegetable Ragout

Ideal for Pitta types

Arugula Fruit Salad  220
Apple, Pear, Cottage Cheese

Baked White Cod with Steamed Asparagus 270
White Cod, Green Asparagus, Mango, Coriander Salsa

Poached Prawns on Soba 250
Prawns, Soba Noodle, Ginger, Japanese Cucumber

Grilled Prawn on Tabouleh 270
Prawns, Tabouleh, Cucumber, Parsley, Cous Cous

Ideal for Kapha types

Baked Field Mushrooms  250
Field Mushrooms, Shallots, Capsicum, Basil & Parsley Dressing

Oven Baked Eggplant Wraps  250
Eggplant, Bell Pepper, Broccoli, Carrot, Red Pepper Basil Sauce

Assorted Vegetable Salad  220
Bean Sprouts, Quail Egg, Peanut Sauce

Roasted Chicken Breast 270
Chicken Breast, Cumin, Red Lentil & Coriander Ragout

 Vegetarian

SPA BLENDS

Tropical Refresher 200
Banana, Watermelon, Plain Yoghurt, Honey

Romantic Enhance 200
Green Apple, Beetroot, Cauliflower, Celery

Detox 200
Green Apple, Orange, Carrot, Ginger

Calcium Boost 200
Carrot, Green Apple